

Young Carer Peer Support Group

Parent/Guardian Consent Form

Dear Parent / Guardian/ Carer,

To further raise awareness and support young carers in our school, we have decided to offer eligible students the opportunity to join our Young Carer School Peer Support Program which will occur several times throughout the term.

A young carer is someone aged 8-25yrs who helps to support a member of their family who is experiencing a mental health challenge, disability, long term health condition, substance dependency or who is frail aged (Carers Recognition Act 2004).

The aim of the program is to create a positive and safe space for the students to be able to share knowledge, experiences and learn useful skills to support their wellbeing.

The program will follow an informal structure where they will be able to engage in a range of fun and capacity building activities including;

- Mindfulness activities
- Building on our life and coping skills
- Goal setting and career support
- Learning how to better manage your caring role
- Making friendships with people who get you
- Supporting your wellbeing
- Having fun!

Just to name a few!

Carers WA Young Carer team have developed a toolkit that we will be utilising to support the program.

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If your child identifies as a young carer, and you would like them to join the peer support group, we will require your consent. By consenting, you are ONLY providing consent for your young carer to participate in the school peer support group facilitated by the school. The support group does NOT provide formal counselling or group therapy for your child. Nor does it provide any personal details to Carers WA without your prior consent.

Young Carer Details (under 18yrs)

The School have provided information and discussed with me how they intend to operate the Young Carer School Peer Support Group.

Student First Name:

Student Surname:

DOB:

Year Group:

Class:

Young Carer Signature: _____

Parent / Guardian Consent

Parent / Guardian Name:

Parent / Guardian Signature: _____

Preferred Contact Number:

Privacy of Information & Confidentiality Discussed? Yes No

From time to time the school and / or the Young Carer team may take photo's and images to promote the program within the school and within Carers WA.

*I consent to photo's being taken of my child. Yes No

*Statement of Photo Consent

As a willing participant in visual recordings, including photographs, digital images and film, you agree to Carers WA using such visual recordings in all forms of media and all manners, including alterations and composite representations, for any lawful purpose without restrictions. The images and written descriptions may be used in media related activities such as, but not limited to: Carers WA publications (online and print including social media) submissions, communications and/or educational activities to promote and raise awareness of carers and carer issues.

Carers WA – Young Carer Program

Your young person would need to be registered with Carers WA before any support can be provided.

Would you like the team to contact you to discuss additional supports and/or register you as a member Yes No
