

Social Media Post Promotion

If your school has social media platforms including Instagram and Facebook - this is a great place to let your students and parents know about the group. You may want to post a picture and short caption to let people know.

Example image to post:



Example caption to post:

Have you heard about our exciting new Peer Support Group for Young Carers? Get in touch with (enter staff member e.g. school chaplain Jane Smith) to get the details.

Tip:

You may also want to post some general information about who young carers are a few days or a week prior to your support group promotion.

Example image to post:



Example caption to post:

Did you know that at least 1 in 11 young people in Australia have some level of responsibility as a carer in their home, equating to an average of 2-3 young carers in every classroom? A young carer is a young person providing unpaid care to a loved one who may have a chronic illness, disability, mental illness, alcohol or other drug dependency or who is frail aged. Think this might be you? You can head to carerswa.asn.au to find out more or reach out to (enter staff member e.g. school chaplain Jane Smith) to ask how we can support you.

Classroom and Assembly Promotion

Here we have provided an example script for promoting the Peer Support Group in the classroom or at an assembly. You may wish to adapt this message to suit the group's arrangements and/or aims. The message should be short and concise so it is easy to understand, in total, a maximum of 30-45 seconds.

Example script:

Our school has arranged a Young Carers Peer Support Group which will be a space for anyone interested to chat with others in similar situations, engage in activities and build on their self-care skills.

The groups first catch up will be on the (enter date eg. Wednesday, next week 01/01/2020) in the (enter located eg. student services office) at (enter time eg. 10.00am, second period, before recess).

If you would like to be involved you can speak with (enter staff member e.g. school chaplain Jane Smith) who can provide you with more information and put you on the list.