

In-Person Peer Support



What is In-Person Peer Support?

The In-Person Peer Support (IPPS) program provides an opportunity for carers to share their experience of being an unpaid carer, learn from others, develop self-care skills and create a supportive network in a safe environment.

IPPS groups can provide a sense of empowerment, understanding and reduce feelings of social isolation.



Manjimup

Venue: Manjimup Home & Community Care
1A Edwards Street

Time: 10.00am - 12.00pm | Mondays
(Fortnightly)

Boyup Brook

Venue: Boyup Brook Community Resource Centre
55 Abel Street

Time: 10.00am - 12.00pm | Wednesdays
(Fortnightly)

Cost: Free | Tea & coffee provided

Eligibility: Must have completed a Carer Gateway planning session



For more information please contact
IPPS@carerswa.asn.au or 1300 227 377